Your fruity smoothie with carbohydrates and sodium for training and competition.





PRODUCT DESCRIPTION

You like it natural and also fruity? Then you should try PowerBar PowerGel® Smoothies. They are made from a min. of 65% fruit puree and like the traditional PowerGel®s, contain C2MAX, which is a combination of carbohydrates with a scientifically developed 2:1 ratio of glucose and fructose sources. PowerGel® Smoothies are easy to swallow and come in a resealable pouch. Ideal for your next adventure or as a fruity variety during training and competition.

- ☑ Based on a min. of 65% natural tasting fruit puree
- ☑ C2MAX Dual Source Carb Mix
- ☑ Carbohydrates plus sodium, the main electrolyte lost through sweat
- ☑ Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults
- ☑ No flavourings, colours (by law) or preservatives
- ☑ Lactose- and Gluten free
- ☑ Vegan

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

1 - 4 pouches/day.

Take 1 pouch as required during the last hour before exercise and/or 1 pouch with fluid during exercise at regular intervals.

As part of a varied and balanced diet and a healthy lifestyle.



Page 1 of 3

PowerBar® POWERGEL SMOOTHIE Status: 08.01.2021

Mango Apple





INGREDIENTS

Fruit purees [apple (35%), mango (30%)], maltodextrin, fructose, water, sodium citrates, salt, acid (citric acid).

LEGAL DENOMINATION

Fruit puree apple-mango with carbohydrates and sodium for athletes

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (90 g)
Energy kJ (kcal)	686 (162)	617 (146)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	39 g	35 g
of which sugars	17 g	15 g
Protein	0.4 g	0.4 g
Salt	0.41 g	0.37 g
Sodium	163 mg	147 mg



TECHNICAL INFORMATION

90 g pouch

Flavour	SKU	EAN pouch	EAN box	
Mango Apple	22563102	42374947	4029679672307	

16 pouches per box

Store in a cool, dry place.

Distributor: Active Nutrition International GmbH

Zielstattstraße 42 D-81379 München

Phone +49 (0)89 502 0070 www.powerbar.com





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Status: 08.01.2021

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PowerBar® POWERGEL SMOOTHIE

Banana Blueberry





INGREDIENTS

Fruit purees [banana (31%), apple (27%), blueberry (8%)], maltodextrin, strawberry puree concentrate (7%), fructose, water, sodium citrates, salt, acid (citric acid).

LEGAL DENOMINATION

Fruit puree banana-appleblueberry-strawberry with carbohydrates and sodium for athletes

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (90 g)
Energy kJ (kcal)	535 (126)	482 (113)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	30 g	27 g
of which sugars	16 g	14 g
Protein	0.7 g	0.6 g
Salt	0.39 g	0.35 g
Sodium	155 mg	140 mg



TECHNICAL INFORMATION

90 g pouch

Flavour	SKU	EAN pouch	EAN box	
■ Banana Blueberry	22568802	42374961	4029679672352	

16 pouches per box

Store in a cool, dry place.

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Zielstattstraße 42 D-81379 München

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Status: 08.01.2021



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- ☑ C2MAX Dual Source Carb Mix
- ☐ Carbohydrates plus sodium, the main electrolyte lost through sweat
- ☑ Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults
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SUGGESTED USAGE

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Page 1 of 3

PowerBar® POWERGEL SMOOTHIE Status: 08.01.2021

POWERBAR POWERGEL SMOOTHIE Apricot Peach





INGREDIENTS

Fruit purees [apple (45%), apricot (8%)], peach puree concentrate (19%), maltodextrin, fructose, water, sodium citrates, salt, acid (citric acid).

LEGAL DENOMINATION

Fruit puree apple-peachapricot with carbohydrates and sodium for athletes

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (90 g)
Energy kJ (kcal)	565 (133)	509 (120)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	32 g	29 g
of which sugars	16 g	14 g
Protein	0.5 g	0.5 g
Salt	0.59 g	0.53 g
Sodium	235 mg	212 mg



TECHNICAL INFORMATION

90 g pouch

Flavour	SKU	EAN pouch	EAN box	
Apricot Peach	22566502	42374954	4029679672376	

16 pouches per box

Store in a cool, dry place.

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