

POWERBAR POWERGEL HYDRO

The liquid gel choice.



FLAVOURS

- Orange
- Cherry (+ caffeine)
- Cola (+ caffeine)
- Mojito (+ caffeine)



PRODUCT DESCRIPTION

Did you give everything you had during the past hour and now you want a PowerGel® that doesn't require any additional fluid to consume it? Then you should try the PowerBar PowerGel® Hydro. Through C2MAX it provides you with carbohydrates in a scientifically developed 2:1 ratio of glucose and fructose sources. The liquid consistency of the gel is easy to swallow and doesn't require you to drink immediately afterwards as with other gels. Ideal for runners or athletes who prefer a more liquid gel.

- ✓ **Trusted functionality with C2MAX Dual Source Carb Mix and approx. 200 mg sodium per pouch**
- ✓ **Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults**
- ✓ **With natural flavourings**
- ✓ **Vegan**
- ✓ **Innovative packaging: easy to open and prevents additional waste through "Trash Chain"**
- ✓ **Cola flavour: contains an additional 100 mg caffeine per pouch, caffeine helps increase alertness and improve concentration**
- ✓ **Mojito and Cherry flavours: contain 51 mg of caffeine per pouch**

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

Take 1 pouch as required at regular intervals during exercise.

All flavours except for Cola: 1-2 pouches/ day. Cola flavour: Consume 1 pouch per day during exercise.

Flavours with caffeine: High caffeine content. Not recommended for children or pregnant or breastfeeding women. (Mojito & Cherry: 76 mg/100 ml, 51 mg/ pouch; Cola: 150 mg/100 ml, 100 mg/ pouch).

As part of a varied and balanced diet and a healthy lifestyle.



POWERBAR POWERGEL HYDRO

Orange



INGREDIENTS

Water, maltodextrin, fruit juice concentrates (13%) (apple, orange), fructose, sodium chloride, acid (citric acid), sodium citrate, preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), natural orange flavouring with other natural flavourings.

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium

-
Orange flavour

NUTRITION INFORMATION

Nutrition Information	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	651 (153)	436 (102)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	37 g	25 g
of which sugars	19 g	13 g
Protein	0 g	0 g
Salt	0,80 g	0,53 g
Sodium	304 mg	204 mg



POWERBAR POWERGEL HYDRO

Cherry with 51 mg caffeine per pouch



INGREDIENTS

Water, maltodextrin, fruit juice concentrates (12%) (apple, sour cherry), fructose, sodium chloride, sodium citrate, acid (citric acid), natural cherry flavouring with other natural flavourings, preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), caffeine (0,07%).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium

-
Cherry flavour

NUTRITION INFORMATION

Nutrition Information	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	654 (154)	438 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	37 g	25 g
of which sugars	19 g	13 g
Protein	0 g	0 g
Salt	0,76 g	0,51 g
Sodium	304 mg	204 mg
Caffeine	76 mg	51 mg



POWERBAR POWERGEL HYDRO

Cola with 100 mg caffeine per pouch



INGREDIENTS

Water, maltodextrin, fructose, sodium chloride, natural flavourings, acid (citric acid), sodium citrate, caffeine (0,1%), preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with caffeine and sodium

-
Cola flavour

NUTRITION INFORMATION

Nutrition Information	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	649 (153)	435 (102)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	38 g	25 g
of which sugars	16 g	11 g
Protein	0 g	0 g
Salt	0,76 g	0,51 g
Sodium	304 mg	203 mg
Caffeine	150 mg	100 mg



POWERBAR POWERGEL HYDRO

Mojito with 51 mg caffeine per pouch



INGREDIENTS

Water, maltodextrin, fructose, fruit juice concentrates (7%) (apple, lime), sodium chloride, sodium citrate, natural flavourings, caffeine (0,07%), preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), acid (citric acid).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium

-
Lime-mint flavour

NUTRITION INFORMATION

Nutrition Information	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	686 (162)	460 (109)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	39 g	26 g
of which sugars	19 g	12 g
Protein	0 g	0 g
Salt	0,77 g	0,51 g
Sodium	307 mg	205 mg
Caffeine	76 mg	51 mg



TECHNICAL INFORMATION

67 ml pouch

Flavour	SKU	EAN Pouch	EAN Box
■ Orange	22040300	4029679672673	4029679672680
■ Cherry (+ caffeine)	22040400	4029679672697	4029679672703
■ Cola (+ caffeine)	22040200	4029679672659	4029679672666
■ Mojito (+ caffeine)	22040100	4029679672635	4029679672642

24 pouches per box	Distributor: Active Nutrition International GmbH Zielstattstraße 42 D-81379 München Phone +49 (0)89 502 0070 www.powerbar.com
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This information is presented for illustrative purposes only. Any specifications and values on the actual product packaging will always take precedence over any factsheet guidelines.

