


POWERBAR POWERGEL ORIGINAL

Pro athletes' choice since 1996.



FLAVOURS

- | | |
|--|--|
|  Vanilla |  Strawberry Banana |
|  Lemon Lime |  Salty Peanut |
|  Tropical Fruit |  Black Currant (+ caffeine) |
|  Green Apple (+ caffeine) |  Espresso (+ caffeine) |



PRODUCT DESCRIPTION

Are you looking for a trusted carbohydrate gel that professionals in various sports have been relying on since 1996? Then you should choose PowerBar PowerGel® Original. The original PowerGel® provides you with C2MAX in combination with sodium. C2MAX is a carbohydrate mix which contains a scientifically developed 2:1 ratio of glucose and fructose sources.

- Trusted functionality with C2MAX Dual Source Carb Mix and ca. 200 mg sodium per pouch**
- Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults**
- Vegan**
- Innovative packaging: easy to open and helps prevent littering through “Trash Chain”**
- Black Currant and Green Apple flavours: contain 50 mg caffeine per pouch**
- Espresso flavour: contains 53 mg caffeine per pouch**
- Salty Peanut flavour: also suitable for people with peanut allergy**

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

1-2 pouches/ day. As part of a varied and balanced diet and a healthy lifestyle.

Take 1 pouch as required in regular intervals during exercise with water.

Flavours with caffeine: High caffeine content. Not recommended for children or pregnant or breastfeeding women. (Green Apple & Black Currant: 122 mg/ 100 g; 50 mg/ pouch. Espresso: 130 mg/ 100 g; 53 mg/ pouch.)



POWERBAR POWERGEL ORIGINAL

Vanilla



INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, sodium citrate, natural vanilla flavouring, acid (lactic acid), preservative (potassium sorbate).

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium

-
Vanilla flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1072 (252)	440 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	24 g	10 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



POWERBAR POWERGEL ORIGINAL

Strawberry Banana



INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural flavourings.

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium
-
Strawberry Banana flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1075 (253)	441 (104)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



POWERBAR POWERGEL ORIGINAL

Lemon Lime



INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural citrus flavouring.

LEGAL DENOMINATION

Concentrated carbohydrate gel
for athletes with sodium

-
Lemon Lime flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1073 (252)	440 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



POWERBAR POWERGEL ORIGINAL

Salty Peanut



INGREDIENTS

Maltodextrin, water, fructose, glucose syrup, sodium chloride, sodium citrate, preservative (potassium sorbate), flavourings, acid (lactic acid).

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium

-
Peanut flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1066 (251)	437 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	29 g	12 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



POWERBAR POWERGEL ORIGINAL

Tropical Fruit



INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural flavourings.

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium

-
Tropical Fruit flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1074 (253)	440 (104)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	24 g	10 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	506 mg	207 mg



POWERBAR POWERGEL ORIGINAL

Black Currant with 50 mg caffeine per pouch



INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (citric acid), caffeine (0,1%), sodium citrate, natural flavourings, preservative (potassium sorbate).

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium

-
Black Currant flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1072 (252)	440 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	508 mg	208 mg
Caffeine	122 mg	50 mg



POWERBAR POWERGEL ORIGINAL

Green Apple with 50 mg caffeine per pouch



INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (citric acid), caffeine (0,1%), sodium citrate, preservative (potassium sorbate), natural flavourings.

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium

-
Green Apple flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1071 (252)	439 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,51 g
Sodium	500 mg	205 mg
Caffeine	122 mg	50 mg



POWERBAR POWERGEL ORIGINAL

Espresso with 53 mg caffeine per pouch



INGREDIENTS

Maltodextrin, water, fructose, liquid coffee extract, sodium chloride, natural flavourings, caffeine (0,1%), acid (lactic acid), preservative (potassium sorbate), sodium citrate.

LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium

-
Coffee flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1144 (269)	469 (110)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	67 g	28 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	0,61 g	0,25 g
Sodium	246 mg	101 mg
Caffeine	130 mg	53 mg



TECHNICAL INFORMATION

41 g pouch

Flavour	SKU	EAN Pouch	EAN Box
■ Vanilla	22010600	4029679672529	4029679672536
■ Strawberry Banana	22010300	4029679672345	4029679672369
■ Lemon Lime	22010400	4029679672482	4029679672475
■ Salty Peanut	22010700	4029679672543	4029679672550
■ Tropical Fruit	22010800	4029679672574	4029679672581
■ Black Currant (+ caffeine)	22010500	4029679672505	4029679672512
■ Green Apple (+ caffeine)	22010100	4029679672277	4029679672284
■ Espresso (+ caffeine)	22030600	4029679673236	4029679673243

24 pouches per box

Distributor: Active Nutrition International GmbH
Zielstattstraße 42
D-81379 München
Phone +49 (0)89 502 0070 www.powerbar.com



This information is presented for illustrative purposes only. Any specifications and values on the actual product packaging will always take precedence over any factsheet guidelines.

