

Responsible Company:  
Continental Foods Sweden AB

Name, Address  
Scheelevägen 30, 22363 Lund, Sweden

**Name and Type of Meal:**  
**Skinnarmo's Pasta Carbonara**

Netto weight (in g): 143g  
Productnumber: 7228

### INFORMATION

OFFICIAL NAME	Blå Band Outdoor Meal Skinnarmo's Pasta Carbonara
PRODUCT DESCRIPTION	dry pouch meal
COUNTRY OF ORIGIN	Belgium
HOW TO USE	Tear off the top and fold out the bottom. Add 4 dl of boiling water (level G). Stir. Re-seal, wait 10 mins. Can be prepared using cold water, extend the time to 30 mins.
STORAGE NOTICE	Dry at room temperature.

### INGREDIENTS

Pasta 41% (durum **wheat** flour, salt), flavouring (contains **milk**), **cheese** powder, modified potato starch, beef 9.3%, **cream** powder, palm fat, sugar, maltodextrin, **whey** powder (from **milk**), parsley, turmeric, rice flour, smoke flavouring.

### NUTRITION-TABLE

TYPICAL DATA	Per 100 g dry	per 545 g as packed and prepared
Energy	1806 kJ - 432 kcal	2583 kJ - 617 kcal
Lipids	17 g	24 g
of which saturated	10 g	14 g
Carbohydrates	51 g	73 g
of which sugar	6,7 g	9,6 g
Dietary Fiber	1,1 g	1,6 g
Protein	19 g	27 g
Salt	5,5 g	7,9 g

### ALLERGENS

ALLERGEN INGREDIENT	contains yes / no	comment
Egg	no	
Milk	yes	flavouring, cheese powder, cream powder, whey powder
Fish	no	
Shellfish	no	
Clams	no	
Grain containing Gluten	yes	durum wheat
Nuts	no	
Sesame seeds	no	
Celery	no	
Mustard	no	
Soy	no	
Lupine	no	
Cashews	no	
Sulfur	no	