

Responsible Company:  
Continental Foods Sweden AB

Name, Address  
Scheelevägen 30, 22363 Lund, Sweden

**Name and Type of Meal:**  
**Swedish meatballs with creamy potatoes**

Netto weight (in g): 430g  
Productnumber: 7820

**INFORMATION**

OFFICIAL NAME	Blå Band Outdoor Meal Swedish meatballs with creamy potatoes
PRODUCT DESCRIPTION	wet pouch meal
COUNTRY OF ORIGIN	Germany
HOW TO USE	Can be eaten hot or cold.
STORAGE NOTICE	Dry at room temperature.

**INGREDIENTS**

Water, potatoes 34% (potatoes, antioxidant: sodium **disulphite**), meatballs 15% (chicken meat 56%, chicken skin, bread crumbs (**wheat** flour, salt, yeast) (**gluten**), water, onions, rapeseed oil, seasoning (salt, hydrolyzed vegetable protein and sunflower oil), modified maize starch, potato starch, salt, spices), rapeseed oil, lactose-free **cream** 3.9%, modified maize starch, thickeners: guar and xanthan gum, salt, flavourings, acidity regulator: sodium citrates, stabilizer: E472e, onion powder, dextrose, caramelized sugar, yeast extract, parsley. May contain traces of soy, celery, egg and mustard.

**NUTRITION-TABLE**

TYPICAL DATA	Per 100 g dry	per 430 g as packed and prepared
Energy	533 kJ - 128 kcal	2292 kJ - 550 kcal
Lipids	8,9 g	38 g
of which saturated	1,5 g	6,5 g
Carbohydrates	8,2 g	35 g
of which sugar	0,7 g	3,0 g
Dietary Fiber		
Protein	3,0 g	13 g
Salt	0,94 g	4,0 g

**ALLERGENS**

ALLERGEN INGREDIENT	contains yes / no	comment
Egg	no	may contain traces
Milk	yes	cream
Fish	no	
Shellfish	no	
Clams	no	
Grain containing Gluten	yes	wheat, gluten
Nuts	no	
Sesame seeds	no	
Celery	no	may contain traces
Mustard	no	may contain traces
Soy	no	may contain traces
Lupine	no	
Cashews	no	
Sulfur	yes	sodium disulphite